


Average age of residents

14.6

Years Old

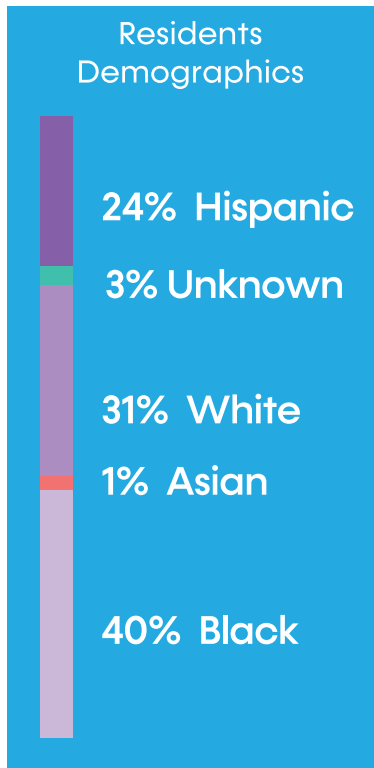
61% female 39% male



Residents served in 2022

115

Served



19,529

Days of Care Provided

100%

of families served are at or below 80% of the HUD income limits

76 cents

of every dollar goes directly to support our programs and services

Resident Percentage by County

43% Denton 22% Tarrant 5% Dallas 5% Collin




We are moving into 2023 with pride in the work we accomplished last year. We provided nearly 20,000 days of care to kids in foster care, young adults aging out of foster care, and single-parent families. 115 unduplicated individuals called our campus home last year. But we also have great enthusiasm for our plans for this year. No amount of ice and school closures can dull our excitement! We aren't quite ready to spill the beans, but make sure you follow us this year for some BIG announcements. In the meantime, here is what's happening around our campus:

- In January everyone, residents and staff alike, got back into the swing of our routines when the holidays wrapped up. Not everyone was a fan of waking up with alarm clocks to catch school buses.
- In February we celebrated Black History month, a week off of school due to inclement weather, Valentine's Day, and staff member Tina Delka's 10th service anniversary.
- In March we are gearing up for hopefully warmer weather and Spring Break!

Thank you for taking a moment to read through our newsletter and catching up on everything happening across campus. If you haven't already, find us on Facebook, Instagram, and LinkedIn to make sure you stay up to date on resident birthdays and ways you can support us!

Stay warm!



Courtney



ESSENTIAL STAFF WEATHER AN ICY WEEK

Texas weather in the early spring is unpredictable, and this February was no exception. Denton was encased in a sheet of ice during the first week of February for four and a half days. The school district closed school, the University of North Texas and Texas Women's University canceled classes, and everyone in town scrambled to ensure their kids were cared for, including the staff at Cumberland. Thanks to the work and dedication of our essential staff, all of our residents were kept safe and sound for the entire week of icy weather.



WELCOME NEW BOARD MEMBER ERIC SIMMONS

My name is Eric Simmons, and it's an honor to serve as a member of the Cumberland Youth and Family Services Board of Trustees. I'm a Senior Manager in the Insurance Industry and operate a mobile notary business. I proudly served in the US—Marine Corps Reserves for six years. I made a life-long connection with Robert, my little brother, when I volunteered through the Big Brothers/Big Sisters program in Phoenix, Arizona. I was born and raised in Los Angeles, California, before moving to Phoenix and finally to Denton, which I now proudly call home. My experience in the 38th class of Leadership Denton made me more aware of our needs in Denton County and how I can be a part of solutions. Cumberland is important to me for the support and hopes our youth and families are provided. A life of service is worth living, and I'm excited to serve.

KEEP IN-KIND IN MIND

HAVE YOU OR YOUR ORGANIZATION BEEN LOOKING FOR A WAY TO HAVE A POSITIVE IMPACT ON KIDS? Why not talk to us about running an In-Kind donation drive?

SOME THINGS THAT IN-KIND DONATIONS SUPPORT ARE:

- Lunch for staff during monthly training sessions
- Toiletries, Cleaning supplies, and hygiene items for youth in foster care and our residents in the Supervised Independent Living Program.

If this sounds like the kind of thing you or your organization would be interested in, reach out to our Advancement Coordinator by emailing AZiemann@cumberlandservices.org or visiting <https://www.cumberlandservices.org/inkind>





HOLIDAY COFFEE AND DONUTS VISIT WITH DENTON POLICE LEADS TO A SURPRISE GIFT.

Over the holidays, the Denton Police Department brought donuts, coffee, and juice for the residents and staff. During their visit, there was a little board game magic. Noticing that a Supervised Independent Living resident was searching for a chess set, one of the officers quickly said, “oh, I know how to play chess. . .” and pulled his phone out to play a round with the resident. Later in the day, the same officer dropped off a Chess and Checkers set for all residents to enjoy. While the details are sketchy about who won their phone-based match, we think they both won the day.

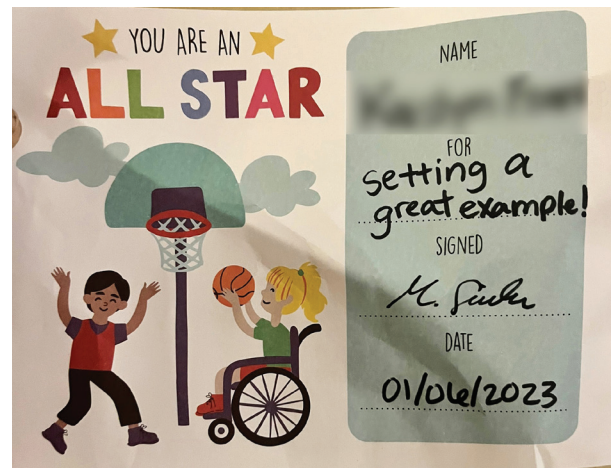


HUMAN TRAFFICKING AWARENESS DAY.

The month of January was national human trafficking awareness month. All staff attended human trafficking awareness training as part of our internal campaign. On January 11th, staff gathered in our lobby to pose so we could participate in the online #wearblueday photo campaign on social media.



Follow us on social media and more, scan the Qr-code and get connected today!



ALL STAR KIDS RULE.

Recently we celebrated a pretty great success for one of our FRP kiddos. This award may seem like a small success for a child. What we know, though, is that behind this award is a mom who can provide the consistency and support that helps kids succeed by participating in the Family Residential Program here at Cumberland. We believe wholeheartedly that children’s successes should be celebrated, always. Kudos to all the successes everywhere, no matter how small they are, because small successes give people a foundation to build larger ones.



It takes a lot of volunteers to organize, sort, and wrap gifts donated to our residents. Volunteers of all ages and from a variety of organizations helped wrap presents. We also had a mother bring her daughter to volunteer to show the next generation the importance of charity to others.



STAFF SPOTLIGHT

Mersades May Shift Supervisor

Mersades has filled many roles here at Cumberland for many years. She started here while finishing her bachelor’s degree in social work from Texas Woman’s University. Today she is finishing a Joint Master of Social Work Degree program at the University of North Texas and Texas Woman’s University.

What attracted you to work at Cumberland?

“Really I’ve always enjoyed working with kids; through high school, I babysat and worked in daycares. I remember being stuck on “I want to work with babies and little kids.” Then when

I started working at Cumberland with teens, I found that not only could teenagers talk to you and tell you what was wrong, but unlike babies, I found that I really liked that stage of kids lives. I get to watch them go through middle school and high school and sports and figure out what they will do with their lives. It made me change my whole career path.

What do you think sets Cumberland apart from other organizations who care for kids in foster care? I think what makes Cumberland stand out is our goal to provide as much normalcy as possible for all of our residents. We work to do this no matter where the kids are mentally and physically. We want all of our kids to experience as much normalcy as they can. Our kids can go out with their friends on the weekend, have their phones, and even spend the night at a friend’s house. A lot of other placements don’t allow any of that.

What is the biggest misconception the community has about Cumberland’s residents?

What I hear most from people when I tell them where I work is that Cumberland is a hospital for kids with serious mental issues or is full of kids with criminal records. What people don’t realize is that our kids live here by no fault of their own, in homelike housing, and that they get the opportunity to attend public school and do all of the typical teenage things that kids not in care experience as well.

Cumberland Youth & Family Services

Saturday, May 6, 2023

Presented by

SPEND LIFE WISELY™

Planning is already underway for our annual Hats and Horses Derby Party fundraiser. First United Bank has joined us as the presenting sponsor, and at this time, we have over fifteen additional sponsors on board, but we will have room for more! The event is a fun and unique way to join 200 fellow community philanthropists to watch the Kentucky Derby, all while celebrating how Cumberland Youth and Family Services changes lives daily. The themed night will feature live music, dinner, and fun such as the best hat and bow tie contests.

To learn more about sponsoring:

- visit <http://cyfsderby23.givesmart.com>
- email giving@cumberlandservices.org
- Or scan the Qr-code to the right

